

HALF DAY SERVING CAMP

(LUNCH IS NOT PROVIDED)

- 9:00 Check-in- Holloway Gymnasium
- 9:30 Welcome
- 9:35 Serving Demo
- 9:55 Warm Up and Technique Work
- 10:20 Serving to Targets and Zones
- 10:45 Serving Competition and Partner Serving
- 11:00 Intro to Jump Float and Top Spin Serve
- 11:15 Mid-zone and Short Serving
- 11:30 Closing