

HALF DAY SETTING CAMP (LUNCH IS NOT PROVIDED)

- 8:30am Check in- Holloway Gymnasium
- 9:00 Welcome
- 9:05 Fundamental footwork (Front & Back)
- 9:30 Technique setting off toss (Front & Back)
- 10:00 Individual setting drills
- 10:30 Quick setting in front of setter
- 11:00 Quick setting behind setter
- 11:30 Closing