

## **Purdue Volleyball Elite Camp**

9:00 Check in  
10:00 Introductions and camp expectations  
10:20 Partner Ball Handling drills  
10:40 Team free ball games  
11:10 Pass training  
11:40 Serving  
11:50 Team Serve Receive competitions

### **12:30 Lunch- On your own**

2:00 Back court defense demonstration  
2:15 Warm up on all courts  
2:25 Defensive drill series  
2:45 Warm up deep hit  
2:55 4 on 4 deep hit  
3:15 5 on 5  
3:35 Demonstration of team defense  
3:50 6 on 6 team defensive drills  
4:25 Closing Announcements

## **Day 2**

10:00 Warm-up  
10:10 Transition attacking drills  
10:40 Team defense to transition series  
11:10 Demo of out of system attacking games  
11:25 Out of system attacking competition  
11:45 6 on 6 Prove it  
12:25 Closing announcements

### **12:30 Lunch on your own**

2:00 Warm up  
2:10 Partner Ball Handling  
2:30 Warm up attacking off setters  
2:45 4 on 4 deep hit  
3:00 6 on 6 1<sup>st</sup> ball attacked at the setter  
3:20 6 on 6 Down ball games  
3:45 6 on 6 TriFecta  
4:25 Closing Ceremonies

