

# HALF DAY PASSING CAMP

## (LUNCH IS NOT PROVIDED)

12:30 Check-In- Holloway Gymnasium  
1:00 Introduction of Staff and Plan for the Day  
1:05 Forearm Passing Mechanics on Box  
1:30 Introduction of Passing Footwork Patterns  
1:45 Passing Chipped Balls  
2:15 Passing Served Balls  
2:45 Introduction to Passing Balls with Hands  
3:05 Passing Competitions  
3:30 Closing